

RESOURCE: RAPE CRISIS CENTER

The Rape Crisis Center provides the following services:

TELEPHONE HELPLINE: Confidential crisis counseling, referral, and information available 24 hours a day, 7 days a week. **608-251-7273/251-RAPE.**

SPANISH LANGUAGE HELP LINE: Confidential help line for Spanish speakers needing advocacy, counseling, referral, and information. **608-258-2567/25-VALOR.**

COUNSELING: Free and confidential counseling for sexual assault survivors and their family and friends.

YOUTH PROGRAM: Free counseling for adolescent sexual assault survivors ages 12 to 18 years.

SUPPORT GROUPS: Free and confidential drop-in support group for general public (located on UW-Madison campus). Other groups may be available, please call for more information (608-251-5126).

MEDICAL AND LEGAL ADVOCACY: Free and confidential accompaniment to medical exams, law enforcement interviews, and legal proceedings. Available 24 hours a day, 7 days a week.

CAMPUS OFFICE: Free and confidential counseling/advocacy located on the University of Wisconsin-Madison campus (333 East Campus Mall, Room 7901) to better serve students and campus area residents.

COMMUNITY EDUCATION AND OUTREACH: RCC offers trainings and presentations to students and businesses on topics such as sexual assault, sexual harassment, and gender stereotyping.

CHIMERA SELF-DEFENSE DESIGNED FOR WOMEN: Chimera is a self-defense program designed for women, which emphasizes avoidance and teaches psychological and physical protection skills. Safety and confidentiality are stressed throughout all courses. Scholarships and non-profit rates are available.

In Addition to the following:

If I am assaulted, what can I expect from the Rape Crisis Center?

Dane County Sexual Assault Victim's Bill of Rights

Rape Crisis Center Groups

After a Sexual Assault--A Handbook

FREQUENTLY ASKED QUESTIONS

The Rape Crisis Center offers support and information for anyone who has experienced past or recent sexual assault.

When you call:

- We will listen and not blame you.
- We will answer your questions courteously and respectfully.
- We will provide information about your options and your rights.
- We will respect your feelings.
- We will respect your choices.