

Resource: LGBTQ Assistance and Support

1. LGBTQ Temporary Shelter Assistance (If you feel unsafe at the*Emergency Shelters, or need to stay with your partner) Sponsored by Wilma's Fund

OUTReach LGBT Community Center

Address: 2701 INTERNATIONAL LANE, SUITE 101 Madison, WI

Contact Angie Rehling - Program Director
OUTReach angier@lgbt Outreach.org

Call: 608.255.8582

Please note, shelters that receive HUD Funding MUST respect and accommodate people who present for services as they **SELF-Identify, if this does not happen, or if you feel your safety is threatened, please call Angie for assistance.*

Hours

Monday-Friday 12 Noon – 8:00 PM

Saturdays 12 Noon – 4:00 PM

2. LGBTQ Case Management to find longer-term housing and support

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Hours

Monday-Friday 12 Noon – 8:00 PM

Saturdays 12 Noon – 4:00 PM

3. LGBTQ Day Center

OUTReach LGBT Community Center

Address: 2701 INTERNATIONAL LANE, SUITE 101 Madison, WI

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OUTReach angier@lgbt Outreach.org

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Hours

Monday-Friday 12 Noon – 8:00 PM

Saturdays 12 Noon – 4:00 PM

Books-Computers- Games-
Community Support Groups-
Kitchen facilities-Restrooms

4. LIFESAVING CHECK-UPS FOR LESBIAN, BISEXUAL AND TRANSGENDER INDIVIDUALS

Wisconsin Well Woman Program

For more information call Kari, (608) 242-6392
or Dawn (608) 242-6385.

<https://www.publichealthmdc.com/wwwp/programs/LGBTQ.cfm>

The WI Well Woman Program (WWWP) provides free breast and cervical cancer screenings for individuals who have limited income and little or no health insurance. Individuals who qualify may choose from more than 25 local clinics. See eligibility and list of providers.

WWWP staff members are uniquely informed and understand lesbian, bisexual and transgender (LBT) health care needs and the barriers some face in trying to obtain quality health care. Examples of barriers are:

Insensitivity and previous negative experiences with the medical system.

Healthcare providers who assume that all their patients are heterosexual.

Economic factors such as being uninsured due to lack of domestic partner health insurance.

We understand that cultural differences may affect a LBT person's choice or ability to easily get preventive health screenings, which might result in no medical care or delayed medical care, and poorer health outcomes.

Several WWWP staff members have completed "Removing the Barriers" training through the Mautner Project, www.mautnerproject.org. This training program is designed to educate and bring awareness to health care providers about lesbian, bisexual and transgender (LBT) health care needs.

WWWP is committed to cultivating a health care system that is respectful of and accessible for all regardless of sexual orientation, gender identity or gender expression.

For more information call Kari, (608) 242-6392 or Dawn (608) 242-6385.

WWWP in Dane County also offers:

LBT specific breast health education and community outreach programs
LBT cultural competency training for medical professionals,
Patient referrals to culturally competent medical professionals; and,
Patient navigation and support services in the event of a breast or cervical cancer diagnosis.

5. Community Support Groups

COMMUNITY GROUPS:

Call 255-8582 or send e-mail to angier@lgbtoutreach.org for more information. Any group wanting to meet at OutReach should contact Angie Rehling at the above phone or e-mail.

Please call to check about meeting status around holidays. During periods of severe or inclement weather, call 255-8582 to see if OutReach will be open or if the group will be meeting.

ALL MEETINGS HELD AT OUTREACH (2701 International Lane, Suites 101 & 104) UNLESS OTHERWISE NOTED (# denotes OutReach sponsored/supported group).

Listed in alphabetical order:

Aces Wild

Do you identify as asexual, gray-ace, demi, or aromantic? Do you enjoy playing games and possibly eating snacks? Come to Aces Wild! We will play card games, word games, board games, etc! This is a social gathering so feel free to bring your friends!

MEETING INFO: Third Saturday of the month from 3:00-5:00pm

CONTACT INFO: Email Tina at aceswild.outreach@gmail.com

Alcoholics Anonymous (LGBT friendly) - Open Group

MEETING INFO: Every Tuesday night at 6:30 pm,

CONTACT INFO: Call OutReach at 608.255.8582

Al Anon LGBT (affected family & friends of alcoholics) - Closed Group

MEETING INFO: Every Tuesday night at 5:30 pm,

CONTACT INFO: Call OutReach at 608.255.8582

Bi-Versity

A social support group for those who identify as bisexual, pansexual, omnisexual, fluid, queer, or who do not use a label, or feel that they might be otherwise non-monosexual. Also open to friends, family, partners, and allies of bi/pan/etc. people. The group meets at OutReach but also goes out in the community for activities around Madison. Find the group on Facebook!

MEETING INFO: The first and third Mondays of the month from 7:00-9:00pm

CONTACT INFO: Email the facilitators at bi.versity.madison@gmail.com

#Friends To Be With

A social group for folks with developmental and/or physical disabilities and their allies.

MEETING INFO: The first Wednesday of the month at 12noon

CONTACT INFO: Email angier@lgbtoutreach.org

FTM / Genderqueer Group Peer-led, non-professional, social/support group for people who identify as FTM, genderqueer, transsexual men, drag kings, butch, intersex men, and anyone else assigned female at birth who identifies as masculine. Significant others, friends, families, and allies are encouraged to attend and participate in meetings. Diversity in gender identity, sexual orientation, socio-economic class, race, ethnicity, religion, ability, and anything else that makes up a person is welcomed.

MEETING INFO: The fourth Monday of the month from 6:00-8:00pm

CONTACT INFO: Email MadisonFTM-owner@yahoogroups.com

#Gay and Gray - Senior Discussion Group

MEETING INFO: The second and fourth Thursday of the month from 1:00-3:00pm at the Madison Senior Center (330 West Mifflin St.)

CONTACT INFO: Email mail@LGBTseniors.org

#Have You Lost Faith in Faith?

Many LGBTQ people feel disconnected to faith or religion for many reasons. This group is a meeting space to discuss the question of lost faith.

MEETING INFO: The first and third Thursdays of the month from 1:00pm – 3:00pm at The Coffee Gallery at OutReach.
CONTACT INFO: Call OutReach at 608.255.8582.

#LGBTQ History Group

Sponsored by the LGBT Senior Alliance, this group focuses on the rich local history of the LGBT movement of Wisconsin, Madison in particular. Topics will be different each month.

MEETING INFO: Resuming Spring 2017

CONTACT INFO: Email mail@LGBTSeniors.org or call OutReach at 255-8582.

LGBTQ Narratives

This is a queer activist-writers' group in which participants produce and share personal narratives and other creative works.

MEETING INFO: The first Wednesday of the month at 7pm

CONTACT INFO: Email lgbtqnarratives@gmail.com for more information.

Madison Cross-dressers Support Group

MEETING INFO: The second and fourth Fridays of the month from 6:30pm-8:00pm

CONTACT INFO: Email Wayne at wayneg@lgbtoutreach.org or call 608.255.8582

Madison Area Transgender Association (MATA) Social/Support Group

Check out the group's Facebook page by searching MATA: Madison Area Transgender Association.

MEETING INFO: The first and third Saturdays of each month from 3:00-5:00pm

MEETING INFO: The second and fourth Fridays of each month from 7:00-9:00pm

CONTACT INFO: Wayne at wayneg@lgbtoutreach.org or 608.255.8582

#Men's Coming Out Group

The purpose of the group is to offer support to men who are dealing with the realization they are not heterosexual and how that affects their everyday lives and to support those people. The group will identify and discuss the stages of coming out and explore topics such as how to deal with one's own feelings about coming out, family members, physical and sexual safety, legal rights and discrimination, and more. Contact Roger at the email below for information on joining the group.

CONTACT INFO: Email Roger at rogerbadger@msn.com

#Men Moving Forward

This group is a peer-led confidential support group for people working together on issues of physical, emotional, or sexual violence. The group meets twice a month in Madison and is intentionally LGBT-affirming. The group is offered in conjunction with Domestic Abuse Intervention Services (DAIS) and Rape Crisis Center.

MEETING INFO: Confidential (Contact Eric or Anton for date, time, and location)

CONTACT INFO: Email Eric at menmovingforward.wi@gmail.com

#OutReach of Rock County

OutReach expanded its support network into Rock County in November 2010. The objective of the group is to offer support, social activities, fundraising events, referral, and information to the residents of Rock County.

MEETING INFO: The first Monday of the month from 6:00-8:00pm at First Christian Church (an open and affirming church) located at 1909 Highland Ave, Janesville, WI, 53548

CONTACT INFO: Call OutReach at 608.255.8582 or email orock@lgbtoutreach.org

#OutThere (18-24 yr old social group)

Movie nights, trips, social gatherings, etc. Allies are more than welcome!

MEETING INFO: The first and third Sunday of the month at 5:00pm

CONTACT INFO: Email facilitators at outtheremadison@gmail.com

#Partners of People Who Are Transgender

This group is a source of support and connection for partners or spouses of people who have a partner or spouse who is transgender. This peer group is a way to connect with others who have had or currently are in relationships with people who are Trans*.

MEETING INFO: Meets the fourth Friday of the month at 7:00pm.

CONTACT INFO: Email partnersoftransgenderpeople@yahoo.com

Poly Out

A discussion group for people who self-identify as polyamorous.

MEETING INFO: The first Friday of the month from 7:00pm-9:00pm

CONTACT INFO: Email Lisa at l.griesel@yahoo.com

#Q-CINEMA International (LGBTQA multi-cultural film/social group)

MEETING INFO: The second & fourth Wednesdays at 6:30pm (The second Wednesday of the month only, June-August)

CONTACT INFO: Email Louis or Brian at qcinemainternational@yahoo.com

#Rainbow Connections

A support group for LGBTQ People who have dealt or are dealing with mental health challenges.

MEETING INFO: The second and fourth Thursday of the month from 4:30-6 pm

CONTACT INFO: Email Nancy at lgbtrainbowconnections@gmail.com

#Women4Women Social Group

Women4Women is a social group for any person who self-identifies as female or feminine; whether the person is cisgender or trans*.

MEETING INFO: The fourth Saturdays of the month from 3:00pm-5:00pm

CONTACT INFO: Email Lalita or Amber at w4wmadison@gmail.com

#Women with Wings Singing Circle

A drop-in singing circle for women who like to sing healing songs and chants of positive affirmations in improvised a capella harmonies. Songs are learned by ear and with repetition (no need to read music). Group meets 8 times a year - at the beginning and in the middle of each season (Winter, Spring, Summer and Fall). Day of the week varies.

MEETING INFO: First meeting on the Eve of Winter Solstice: Dec. 20, 2016 (Tues). Dates in 2017: Feb 2 (Thurs), Mar 19 (Sun), Apr 30 (Sun), Jun 20 (Tues), Jul 31 (Mon), Sep 21 (Thurs), Nov 2 (Thurs), Dec 21 (Thurs). All meeting times are from 6:30-8:30pm.

CONTACT INFO: Email Cris at lunacris55@gmail.com

